

SET MENU: Option 1

STARTER

IRON SAUSAGE ROLL

Dry-aged cuts of beef, minced and wrapped in puff pastry, served with a romesco sauce (contains nuts)

OR

SALT & PEPPER FRIED CALAMARI

Patagonian calamari dusted in a salt & pepper flour, deep fried and served with lime mayo

MAIN

200g grass-fed Flat Iron steak, dry-aged for 21 days, served with wagyu beef dripping fries and an exotic mushroom sauce

OR

Coal-roasted sea bass escabeche with a pickled lime coriander dressing, served with a fresh watercress salad

OR

Char-grilled, free-range chicken espetada served with a fresh watercress salad and smashed oven-roasted potatoes

DESSERT

Sea-salted caramel ice-cream, topped with shavings of Valrhona dark chocolate, on a sugar cone

Vegetarian option available on request

R295 per person (excluding gratuity)

Not valid on the 25th and 31st December.

This set menu is valid from 01/10/2020 – 30/09/2021



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114 Bree Street, Cape Town
WWW.IRONSTEAK.CO.ZA

IRON

STEAK AND BAR

SET MENU: Option 2

STARTER

KOREAN FRIED CHICKEN

Deep fried, free-range chicken thigh, dunked in a soy-honey-ginger glaze

OR

PORK BELLY 3-WAY WONTON

Asian style pork belly mince, wrapped in a wonton pastry, fried with a plum, ginger and pork rib sauce, garnished with salted pork skin

MAIN

200g grass-fed Woodview Wagyu beef burger, served with Wagyu beef dripping triple cooked fries

OR

200g dry-aged, grass-fed Picanha served with creamed spinach and chimichurri sauce

OR

Char-grilled, free-range chicken espetada served with a fresh watercress salad and smashed oven-roasted potatoes

OR

Panko aubergine, tomato ragout, Huguenot cheese, chimichurri and blistered tomatoes (V)

DESSERT

Chocolate mousse, marshmallow fluff, raspberry compote

OR

Cheese cake, honey comb, blackberry coulis

Vegetarian option available on request

R390 per person (excluding gratuity)

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STEAK AND BAR

SET MENU: Option 3

STARTER

RIBEYE CHIPS

Crispy Ribeye served with coriander lime, avo smash, Wagyu crisps, heritage tomatoes and jalapeños

OR

SALT & PEPPER FRIED CALAMARI

Patagonian calamari dusted in a salt & pepper flour, deep fried and served with a lime mayo

MAIN

200g grass-fed fillet, dry-aged for 14 days, served with a fresh watercress salad, side mash & gravy, and a pink peppercorn sauce

OR

Char-grilled, free-range chicken espetada served with a fresh watercress salad and smashed oven-roasted potatoes

OR

Charred orange sweet potato, served with tender-stem broccoli, baby carrots and watercress with roasted candy shallots, sweet potato puree and toasted almonds (V)

DESSERT

Chocolate mousse, marshmallow fluff, raspberry compote

OR

Cheese cake, honey comb, blackberry coulis

Vegetarian option available on request

R440 per person (excluding gratuity)

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