

# IRON

STEAK AND BAR

## BAR BITES MENU

**ALL OUR BAR BITE ITEMS  
ARE ONLY 49 BUCKS.**

R79 IF YOU WANT TO UPGRADE TO A STARTER PORTION  
OUTSIDE OF OUR 241 SOCIAL HOUR TIMES.

To go perfectly with our 2 for 1 Social Hour drinks.  
See flipside for 241 drinks selection.

### KOREAN FRIED CHICKEN

Deep fried chicken thigh, dunked in  
a soy-honey-ginger glaze

### SALT & PEPPER FRIED CALAMARI

Patagonian calamari dusted in a salt & pepper flour,  
deep fried and served with lime mayo

### IRON SAUSAGE ROLL

Dry-aged cuts of beef, minced and wrapped in puff  
pastry, served with a romesco sauce

### BRAAIBROODJIE

Plum tomato, Borenkaas cheese and garlic béchamel  
sauce, served on a coal-roasted sourdough sandwich  
with a spiced lemon parsley dressing

### DUCK BELLY 3-WAY WONTON

Asian style duck mince, wrapped in a wonton pastry,  
fried with a plum, ginger and duck rib sauce, garnished  
with salted duck skin

### TEMPURA STYLE OYSTER MUSHROOMS

Oyster mushrooms deep-fried in a light tempura  
batter, served with a smoked salt and truffle aioli

### BEEF BILTONG OR DROËWORS

A choice of free-range, pasture reared beef biltong OR  
South African style grass-fed and dry-aged droewors



**7-days a week. 4pm - 6:00pm.**

Please note: These items are in addition to our all day menu.

Follow us on:    **ironsteakSA**

t: +27(0) 21 422 1175 | capetown@ironsteak.co.za  
114 Bree Street, Cape Town | www.ironsteak.co.za  
Monday to Sunday 11:00am - 11:00pm

Buy 2 for the price of 1 between 4pm and 6:00pm daily.  
Not valid on First Thursday. To go perfectly with our R49 bar bites.  
Terms and conditions apply - No banking, no sharing.

## COCKTAILS

### CLOVER CLUB \_\_\_\_\_ 99

Bombay Sapphire Gin, raspberry syrup, lemon juice and fluffy stuff.

### COSMOPOLITAN \_\_\_\_\_ 99

Absolut Vodka, Cointreau, fresh lime juice and cranberry juice.

### CLASSIC DAIQUIRI \_\_\_\_\_ 94

Bacardi Blanca Rum, sugar syrup and fresh lime juice.

### TOMMYS MARGARITA \_\_\_\_\_ 104

Patron Silver Tequila, Agave nectar and fresh lime juice.

### SOUTHERN MULE \_\_\_\_\_ 104

Southern Comfort Black, ginger beer, lime wedge,  
topped with fresh mint.

### BELLINI (WINE BASED) \_\_\_\_\_ 94

Peach pureé and Martini Prosecco.

### LIFE'S A BEACH \_\_\_\_\_ 99

A mixture of house rum shaken with guava, lime juice,  
mango purée and orgeat syrup.

### SEVILLIAN \_\_\_\_\_ 99

Grey Goose Vodka shaken with fresh mango juice, a squeeze of lime  
and a dash of bitters. Charged with ginger beer.

## MOCKTAILS

### TROPICAL PANARAMA \_\_\_\_\_ 85

A mixture of fresh guava, lime juice and mango pureé  
with a dash of almond syrup.

### THE BERRY MULE \_\_\_\_\_ 85

Strawberry juice shaken with a mixed berry cordial  
and fresh lime juice. Charged with ginger ale.

## WINE LIST

ALLESVERLOREN TINTA BAROCCA ROSÉ \_\_ 48

CEDERBERG SUSTAINABLE ROSÉ \_\_ 52

DE GREDEL ROSÉ \_\_ 49

LABORIE ROSÉ \_\_ 49

HAUTE CABRIERE PINOT NOIR ROSÉ \_\_ 60

SARONSBERG EARTH IN MOTION WHITE BLEND \_\_ 43

VAN LOVEREN BLANC DE BLANC WHITE BLEND \_\_ 48

STEENBERG SAUVIGNON BLANC \_\_ 80

LABORIE SAUVIGNON BLANC \_\_ 46

DIEMERSDAL SAUVIGNON BLANC \_\_ 50

PETER FALKE SAUVIGNON BLANC \_\_ 69

DURBANVILLE HILLS CAPE MIST SAUVIGNON BLANC \_\_ 75

WARWICK THE FIRST LADY UNWOODED CHARDONNAY \_\_ 57

HAUTE CABRIERE UNWOODED CHARDONNAY \_\_ 54

STRANDLOPER CHENIN BLANC \_\_ 49

DIEMERSDAL CABERNET/MERLOT BLEND \_\_ 44

STEENBERG FIVE LIVES RED BLEND \_\_ 87

ROODEBERG RED BLEND \_\_ 62

LA MOTTE MILLENNIUM RED BLEND \_\_ 65

LA MOTTE CABERNET SAUVIGNON \_\_ 82

PIEKENIERSKLOOF CINSULT \_\_ 75

VAN LOVEREN CABERNET SAUVIGNON \_\_ 49

PETER FALKE CABERNET SAUVIGNON \_\_ 95

CATHEDRAL CELLAR SHIRAZ \_\_ 95

SARONSBERG PROVENANCE SHIRAZ \_\_ 69

VERGELEGEN SHIRAZ \_\_ 87

BACKSBERG MERLOT \_\_ 72

DURBANVILLE HILLS COLLECTORS RESERVE

THE LIGHTHOUSE MERLOT \_\_ 82

LABORIE MERLOT \_\_ 49

BELLINGHAM HOMESTEAD PINOTAGE \_\_ 62

FLEUR DU CAP SERIES PREEVEE PINOTAGE \_\_ 113

NEETHLINGSHOF MALBEC \_\_ 79

GRAHAM BECK BRUT \_\_ 110

GRAHAM BECK BRUT ROSÉ \_\_ 110

PIERRE JOURDAN BRUT \_\_ 93

STEENBERG 1682 CHARDONNAY BRUT \_\_ 125

## BEER ON TAP

HEINEKEN, STELENBRAU CRAVEN LAGER,  
STELLENBRAU IPA, AMSTEL

## BOTTLED BEER

SOL, HEINEKEN 0.0%